



CALL 905-493-2387 ext. 1 for ASSISTANCE  
CATERING BAKERY GIFTS WORKSHOPS PARTIES MEETING ROOMS  
Café and Retail Location – 229 Brock Street North, Whitby LIN 4H6  
Commercial Location – 10 Sunray Street, Unit 12 Whitby LIN 9A4

## WELCOME TO FRANTASTIC EVENTS 2017 CATERING MENU

We are pleased to present our offerings, each of which have carefully sourced ingredients and created in our peanut and tree nut-free environments.

We've tried to include a selection of items which would please most palates but cannot include everything herein, if there is something you would like, but do not see listed....Please ask!

We have geared this catering menu to a 10 person minimum order; however exceptions may be made on an availability basis...Please ask!

Orders of less than 10 persons may be subject to a  
“below minimum order” processing fee.

Menu selections are subject to substitution, depending on availability.

Prices included herein are subject to change.

Delivery Charges, HST and Service & Gratuity Fees are not included in this Catering Menu, and will be added at the point of ordering.

### June 2017 edition

PRICES EXCLUDE GRATUITY AND TAXES





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## BEVERAGES

PRICED PER PERSON – 10 PERSON MINIMUM

### wet

Chilled Bottled Water

1.

### f'n punch

Fresh, Fizzy Fruity Flavours Flowing From a Frantastic Fountain  
(it's really a dispenser, shhh!)

The test to knowing if someone spiked the punch is in repeating the description!

2.

### cold

An assortment of Pop and Bottled Water

2.

### hot

Coffee and a Selection of Tea

3.

### hot & cold

Coffee and a Selection of Tea  
An assortment of Juice and water

3.5

### frozen

Mango, Strawberry, Banana, Wild Berry Smoothies  
Frozen Lemonade & Frozen Shirley Temples. All Made on-site!

5.

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# BREAKFAST PACKAGES

PRICED PER PERSON – 10 PERSON MINIMUM

## continental

In-house baked seasonal breakfast loaf slices with Whipped Butter  
Assorted Danishes, Croissants, Scones (selections may vary)

Assorted Yoghurts

Fruit platter

11.

## burrito

Eggs with (select up to 3): cheese; tomatoes; cheese & sautéed onions; bacon & tomato; ham & cheese

Wrapped in flour tortillas

Breakfast Potatoes

Fruit Platter

In-house baked seasonal breakfast loaf slices with Whipped Butter

12.

## english

Scrambled Eggs

Bacon & Breakfast Sausages

Grilled Tomato slices

Breakfast potatoes

Fruit platter

In-house baked seasonal breakfast loaf slices with Whipped Butter

13.

## fully loaded

Eggs, scrambled with sausage, bacon and cheese

French Toast OR Pancakes with Syrup

Breakfast Potatoes

Fruit Platter

In-house baked seasonal breakfast loaf slices with Whipped Butter

14.

## waffle / crepe / pancake bar

Waffles OR crepes OR pancakes with Savory OR Sweet toppings

Savory: ham, sausages and bacon; sautéed spinach, onion, and mushroom; shredded cheese, feta

Sweet: whipped cream, seasonal fruits, chocolate chips, syrups, cinnamon/sugar, lemon/sugar, apple sauce

Fruit Platter

15.

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## INDIVIDUAL BREAKFAST ADD-ONS

PRICED PER PIECE

Gluten-Free Muffins (minimum order 6)	3.
Gluten-Free Scones (minimum order 6)	3.
Mini Crust-less Quiche (minimum order 12)	2.
Individual 5" Quiche	7.
Cinnamon Buns with Cream Cheese Icing (minimum order 6)	3.
Individual Yoghurt (minimum order 6)	2.
Individual Greek Yoghurt (minimum order 4)	3.
Lemon, Cheese and Chive or Regular Scones with Butter (minimum order 6)	3.
Apple, Blueberry, Lemon or Cherry Danish (type varies) (minimum order 6)	3.

## SHAREABLE BREAKFAST ADD-ONS

SUGGESTED SERVING SIZES ARE A SUGGESTION – NO JUDGING! ☺

Whole 10" Quiche (serves 4- 6)	15.
Sliced Seasonal Breakfast Loaf Slices with Butter (serves up to 8)	15.
Yoghurt Bowl (serves up to 10)	14.
Frantastic Granola Bowl (serves up to 10 as a garnish)	10.
Fresh Fruit Salad Bowl (serves up to 10)	30.
Small Fresh Fruit Platter (serves up to 12)	45.
Medium Fresh Fruit Platter (serves up to 25)	55.
Large Fresh Fruit Platter (serves up to 40)	65.

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# SANDWICH COMBOS

PRICED PER PERSON – 10 PERSON MINIMUM

Each Combo served with 1 choice of:

Garden Salad OR Caesar Salad OR Pasta Salad OR Potato Salad OR Coleslaw OR Veggie Platter with Dip  
And choice of: Frantastic Treat Platter OR Fruit Platter

## triangle combo

Triangle Sandwiches, served on white and whole wheat bread

Choose up to 3 “triangle” fillings: Cucumber, Egg Salad, Tuna Salad and Cream Cheese

13.

## traditional combo

Traditional sandwiches, served on House-Baked Egg Buns OR Wraps OR Light Rye OR Rolls & Focaccia

Choose up to 3 “traditional” fillings: Egg OR Tuna OR Craisin Chicken Salad, Ham&Cheese OR Roast Beef

14.

## frantastic combo 😊

Gourmet sandwiches, served on House-Baked Egg Buns OR Wraps OR Light Rye OR Rolls & Focaccia

Choose up to 3 “frantastic” fillings: Roast Chicken & Veggies, Grilled Chicken with Baby Spinach & Mango, Pulled Chicken, Pulled Pork, Slow Roasted Beef, Roast Vegetables with Goat Cheese OR Eggplant Parmigiana

16.

## boxed lunch

Individually packaged and ready to go!

Sandwiches, served on House-Baked Egg Buns OR Wraps OR Light Rye OR Rolls & Focaccia

Choose up to 3 “triangle” fillings: Egg Salad, Tuna Salad, Craisin Chicken Salad, Ham & Cheese and Roast Beef

Served with 1 choice of: Garden Salad OR Caesar Salad OR Pasta Salad OR Potato Salad OR Coleslaw OR Veggies with Dip

and choice of: Individual Fruit Cup OR Whole Fruit (banana OR apple)

with a Chocolate Chip Cookie and Bottled Water

18.

# UPGRADE OPTIONS

Substitute Croissants	1.
Substitute Gluten Free Options	3.
Upgrade from “Triangle” to “Traditional” Sandwich fillings	1.
Upgrade from “Traditional” to “Frantastic” Sandwich fillings	1.
Upgrade from Salad to Baby Spinach Salad OR Greek Salad	2.
Upgrade from Chocolate Chip Cookie to a Treat Square	1.

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## HOT DISH COMBOS

PRICED PER PERSON – 10 PERSON MINIMUM

### pot pie combo

Gourmet Pot Pie (Chicken, Steak and Vegetarian options) served with Garden Salad  
Frantastic Treat Platter OR Fresh Fruit Platter  
13.

### falafel combo (V)

Hand rolled falafel with Tzatziki and Hummus dips served with Pita triangles and  
Tabbouleh Salad  
Frantastic Treat Platter OR Fresh Fruit Platter  
13.

### stuffed pepper combo (V)

Fresh Sweet Peppers stuffed with Spanish Rice and Chick Peas  
Garden Salad,  
Frantastic Treat Platter OR Fresh Fruit Platter  
13.

### moroccan meatball combo

Hand rolled savoury beef meatballs Served with Rice and Glazed Carrots  
Frantastic Treat Platter OR Fresh Fruit Platter  
14.

### eggplant parmiagiana combo (V)

Breaded Eggplant slices in Tomato Sauce Served with Couscous and Zucchini  
Frantastic Treat Platter OR Fresh Fruit Platter  
14.

### chicken & mushroom penne combo

Chicken and Mushrooms tossed in a creamy Rosé Sauce  
Served with Fresh Baked Roll and Market Fresh Garden Salad  
Frantastic Treat Platter OR Fresh Fruit Platter  
14.

### eggplant rollini combo (V)

Breaded Eggplant rolled up with Cheesy goodness and baked in Tomato sauce  
Served with Rice and Roasted Mixed Vegetables  
Frantastic Treat Platter OR Fresh Fruit Platter  
14.

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## MORE HOT DISH COMBOS

PRICED PER PERSON – 10 PERSON MINIMUM

### fettuccini alfredo combo

Tender Fettuccini with Mushrooms and Ham, tossed in a luxurious Creamy Garlic sauce  
Served with Fresh Baked Roll and Market Fresh Garden Salad  
Frantastic Treat Platter OR Fresh Fruit Platter  
15.

### lasagna combo

Layer Pasta, Cheese, Meat, Tomato Sauce and REPEAT!  
Served with Caesar Salad and Garlic Bread  
Frantastic Treat Platter OR Fresh Fruit Platter  
15.

### the other lasagna combo ☺

Vegetarian layers of Tomato Sauce, Pasta, Cheese, Spinach, and REPEAT!  
Served with Caesar Salad and Garlic Bread  
Frantastic Treat Platter OR Fresh Fruit Platter  
15.

### mashed potato bar combo

Creamy mashed potato with DIY Ground Beef, (Shredded Chicken add \$ 2), (Bacon add \$2), Lettuce, Tomato, Grated Cheese, Rice, Green Onions, Sautéed Mushrooms, Guacamole, Salsa and Sour Cream, Roasted Garlic, Chilli Flakes, Hot Sauce  
Frantastic Treat Platter OR Fresh Fruit Platter  
15.

### taco bar combo

Soft Taco Shells (Crunchy Shells add \$1), Ground Beef, (Shredded Chicken add \$ 2), (Bacon add \$2), Lettuce, Tomato, Grated Cheese, Rice, Green Onions, Mixed Hot Peppers, Guacamole, Salsa and Sour Cream, Roasted Garlic, Chilli Flakes, Hot Sauce  
Frantastic Treat Platter OR Fresh Fruit Platter  
15.

### souvlaki combo

Tender cubes of marinated Pork OR Chicken with Tzatziki Sauce  
Served with Rice, Yellow Potato & Greek Salad  
Frantastic Treat Platter OR Fresh Fruit Platter  
16.

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## EVEN MORE HOT DISH COMBOS

PRICED PER PERSON – 10 PERSON MINIMUM

### roasted chicken combo

Oven roasted, marinated Chicken pieces (add \$2 for white meat)

Served with Roasted Potatoes and Roasted Vegetables

Frantastic Treat Platter OR Fresh Fruit Platter

16.

### butter chicken combo

Marinated Chicken Breast pieces in a mildly spiced Curry Sauce

Served with Market Fresh Garden Salad, Rice and Na`an

Frantastic Treat Platter OR Fresh Fruit Platter

17.

### pulled meat combo

Slow-Roasted Pork OR Chicken OR Turkey (seasonal)

Served with Baked Beans, Loaded Mashed Potato, Coleslaw and Jalapeno Corn Bread

Frantastic Treat Platter OR Fresh Fruit Platter

18.

### frantastic chicken breast combo

Succulent Chicken Breast smothered with Basil Pesto, Sliced Tomato and Cheddar Cheese

Served with Rice Pilaf and Green Beans and Carrots

Frantastic Treat Platter OR Fresh Fruit Platter

19.

### salmon florentine pasta combo

Salmon filets topped with spinach, baked over Pasta in a light Rose Sauce

Served with Fresh Baked Roll and Market Fresh Garden Salad

Frantastic Treat Platter OR Fresh Fruit Platter

22.

### classic roast beef combo

Succulent Roast Beef in its' own Gravy with Mashed potato, Green Beans, Corn, and Carrots

Served with Market Fresh Garden Salad, Horseradish and Fresh Baked Rolls OR Yorkshire Pudding

Frantastic Treat Platter OR Fresh Fruit Platter

25.

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## WHAT'S THE PLATTER? ☺

Fresh Fruit Platter	Small (serves up to 12)	45.
	Medium (serves up to 25)	55.
	Large (serves up to 40)	65.
Fresh Vegetable Platter with Dip	Small (serves up to 12)	45.
	Medium (serves up to 25)	55.
	Large (serves up to 40)	65.
Deli Meat Platter	Small (serves up to 10)	55.
	Medium (serves up to 20)	100.
	Large (serves up to 30)	140.
Cheese and Cracker Platter with Grapes and Strawberries	Small (serves up to 10)	45.
	Medium (serves up to 20)	65.
	Large (serves up to 30)	85.
Spinach Dip OR Hummus OR Layered Dip Platter, Served with Pita Triangles and Tortilla Chips	Small (serves up to 12)	40.
	Medium (serves up to 25)	75.
	Large (serves up to 40)	95.
Charcuterie Platter (A variety of Specialty Cheeses, Cured & Smoked Meats, Preserved Vegetables and Dips with Crostini , Breadsticks and Pita Wedges	Per Person	16.
Frantastic Treat Platter (an assortment of cookies and squares)	Small (30 pieces)	50.
	Medium (50 pieces)	75.
	Large (70 pieces)	100.
Assorted Cookie Platter	Small (30 pieces)	40.
	Medium (50 pieces)	60.
	Large (70 pieces)	80.
Assorted Squares Platter	Small (30 pieces)	60.
	Medium (50 pieces)	80.
	Large (70 pieces)	100.
Assorted Tartlet Platter	Small (30 pieces)	80.
	Medium (50 pieces)	120.
	Large (70 pieces)	165.

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## WE'VE GOT BIG BOWLS! 😊

Garden Salad OR Caesar Salad OR Pasta Salad OR Potato Salad OR Coleslaw Bowl

Big (serves up to 10)	45
Bigger (serves up to 18)	55
Biggest (serves up to 24)	65

Baby Spinach OR Greek Salad Bowl

Big (serves up to 10)	55
Bigger (serves up to 18)	65
Biggest (serves up to 24)	75

Chef Favorite Seasonal Soup (ask for available varieties) served with a Fresh Roll and Whipped Butter

Big (serves up to 10)	55
Bigger (serves up to 15)	65
Biggest (serves up to 20)	75

Beef or Chicken with Vegetable Stew served with a Fresh Roll and Whipped Butter

Big (serves up to 10)	65
Bigger (serves up to 15)	75
Biggest (serves up to 20)	85

Beef Chili served with a Fresh Roll and Whipped Butter

Big (serves up to 10)	75
Bigger (serves up to 15)	85
Biggest (serves up to 20)	95

Market Fresh Fruit Salad

Big (serves up to 10)	45
Bigger (serves up to 18)	55
Biggest (serves up to 24)	65

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# APPETIZERS

PRICED PER PERSON – 10 PERSON MINIMUM

SUGGESTED 6-8 PIECES PER PERSON FOR COCKTAIL PARTY/SNACKS

8-10 PIECES PER PERSON FOR A MEAL (Remember, just suggestions – NO JUDGING ☺)

## cold stuff

Mini Spinach and Feta Cheese Quiche	3.
Caramelized Onion Tartlets	3.
BLT Skewer	3.
Goat Cheese & Sun-Dried Tomato Puff	3.
Mini Spinach and Feta Cheese Quiche	3.
Sweet Potato Canapé with Baby Goat Cheese and Apple Preserve	3.
BLT Waffle Bites	4.
Cherry Tomato and Baby Bocaccini Skewers with Dark Chocolate Balsamic Drizzle)	4.
Chicken Caesar Spears (Caesar Salad served on endive spears)	4.
Crudites in a Cup (raw vegetables with dip)	4.
Dessert Waffle Bites	4.
Potato Pancakes with Lax and Dill	4.
Shrimp Cocktail	4.
California Roll Sushi (2 pcs)	5.
Craisin Chicken Salad Crostini (2 pcs)	5.

## hot stuff

Soup Shooters	2.
Chicken Spring Rolls (2 pcs)	3.
Mini Grilled Cheese Triangles (2 pcs.)	3.
Mini Macaroni & Cheese	3.
Mini Spinach and Feta Cheese Quiche	3.
Moroccan Meatballs (2 pcs)	3.
Perogies (2 pcs)	3.
Vegetable Spring Rolls (2 pcs.)	3.
Bacon Wrapped Prezel Rods with Honey Mustard Dipping Sauce	4.
Chicken Parmigiana in a Cup with Marinara Sauce	4.
Mini Gourmet Macaroni & Cheese	4.
Beef Burger Sliders	4.
Pulled Chicken Sliders	4.
Pulled Pork Sliders with Coleslaw	4.
Pulled Turkey Sliders (seasonal)	4.
Slow Roasted Beef Sliders	5.
Jumbo Coconut Shrimp with Citrus Dip	5.

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# JUST DESERTS ☺

LOL! We ALL deserve DESSERTS!

PRICED PER SERVING – 1 DOZEN MINIMUM (EXCEPT WHOLE CAKES AND PIES!)

## cakes and cupcakes

Chocolate, Vanilla, Marble, Red Velvet, Lemon, Strawberry with Butter Cream Filling and Frosting  
ALWAYS Peanut and Tree Nut-Free! Gluten-Free, Dairy-Free, Egg-Free and more on request

Call for Pricing

## cake pops

Chocolate, Vanilla OR Red Velvet smothered in Milk Chocolate or White Chocolate  
Specialty Flavours, Colours and Decor on request

2.5

## danish

Blueberry, Lemon, Custard, Cherry, Apple or Savoury Ham & Cheese

2.5

## sin-naamon buns ☺

Our Cream Cheese Frosting makes these house-baked Cinnamon Buns SINFUL!

2.5

## tartlets or whole pies

Chocolate OR Strawberry Mousse, Custard, Apple Crumble, Pumpkin OR Lemon with Toasted Coconut  
2.5 (tartlets) or 15. (whole pies)

## squares

Brownies, Blondies, Carrot Cake, Vanilla OR Chocolate Petit Fours , Lemon, Raspberry, Apple Crumble

2

## cookies

Chocolate Chip, Double Chocolate, Oatmeal, Oatmeal-Raisin, Snickerdoodle  
Custom Sugar Cookies available, call for pricing

1.25

## biscotti

Chocolate OR Vanilla

1.5

## zero calorie cheesecake OR carrot cake ☺

Sorry, now that we have your attention, there are plenty of calories in both! LOL  
House-baked WHOLE Cheese Cake OR Carrot Cake with Cream Cheese Frosting

35.

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