

## KETO ORDER FORM



<b>SWEET BAKERY ITEMS</b>	<b>COST</b>	<b>QTY</b>
SWEET SAMPLER of 9 Assorted Sweet Items	25.00	
Brownie Bite	2.25	
Butter Tart	3.75	
Cake Slice – Chocolate with Cream Cheese Frosting	6.00	
Cake Slice – Vanilla with Cream Cheese Frosting	6.00	
Cake – 8” Chocolate with Cream Cheese Frosting **	60.00	
Cake – 8” Vanilla with Cream Cheese Frosting **	60.00	
Cheesecake-Brownie Bite	2.75	
Cheesecake – Original; crust-less; single serving (6 pack)	18.00	
Cheesecake – Chocolate; crust-less; single serving (6 pack)	18.00	
Chocolate Dipped Fresh Strawberries (6 pack) **	21.00	
Cinnamon Buns with Cream Cheese Frosting (6 pack)	15.00	
Coconut Cluster Fat Bomb with Sunflower Seed Butter	2.25	
Coconut Macaroons (5 pack)	10.00	
Cookie – Chocolate Chip	2.75	
Cookie – Shortbread	2.50	
Cookie – Lemon	2.50	
Cupcake – Vanilla with Cream Cheese Frosting	4.50	
Cupcake – Chocolate with Cream Cheese Frosting	4.50	
Donuts – 12 Pack of 6 Chocolate Glazed and 6 Sweet Cinnamon	12.00	
Haystack	2.75	
Mousse – Chocolate	5.00	
Mousse – Lemon	5.00	
Pancakes (4 pack)	12.00	
<b>SAVOURY BAKERY ITEMS</b>		
SAVOURY SAMPLER includes 2 Bagels, 2 Breadsticks and 2 Cheese Buns	19.00	
Bagels (assorted 6 pack)	21.00	
Bread	10.00	
Breadsticks (2 pack)	5.00	
Cloud Bread (5 pack)	10.00	
Flatbread (3 Pack)	12.00	
Pizza Base (no toppings)	10.25	
<b>SAVOURY MEAL ITEMS (Heat &amp; Eat)</b>		
Cauliflower Sheppard’s Pie	12.00	
Cauliflower “Mac” and Cheese	12.00	
Pizza – Cheese	20.00	
Pizza – Pepperoni	25.00	
Pizza – Bacon & Mushroom	25.00	
Quiche with Vegetables and Goat Cheese	8.50	
Quiche with Vegetables and Goat Cheese AND Bacon OR Pepperoni	8.95	
Roasted Cauliflower and Caramelized Onion Soup	4.50	
Tex-Mex Meatballs with Peppers	12.00	
Zucchini Lasagna	12.00	

**Most items available in-store. Items marked \*\* must be pre-ordered. Nutritional Information available in-store!  
We use coconut flour and erythritol in our recipes.**

**Frantastic Café 105 Consumers Drive, Whitby      Phone 905-493-2387 ext 2 to place orders.**